## My Fishing Trip with CoSA

by Mike (CoSA core member)

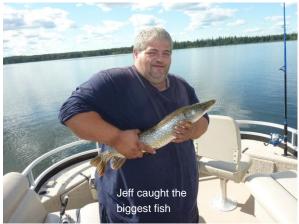
Thought I'd share my experience of fishing with a group of men from CoSA.

On August 5, I was invited to go to Chitek Lake with two members of my own support group and

seven other members from the Saskatoon area. In all there were ten of us who, I'm sure, enjoyed the day. It gave me the opportunity to try something I've never done before. I enjoyed sharing common interests with and listening to the life experiences of many participants that day. And this was just while traveling with the group!



Once we got to the lake, it didn't take us long to get hooked up with the two pontoon boats and begin our adventure. My adventure didn't take long to get into! Within the first ten minutes of dropping my line, I caught my very first fish! I was the first one from our boat to catch a 16"



pickerel (which ended up being my only catch). I was very amazed at the helpfulness of everyone on board. They all patiently talked me through bringing the fish close so that someone could net the fish. I was so excited that I didn't even touch the fish (excited and afraid!). I was a bit disappointed that I didn't catch anything else but others in our group made up for it.

Our fishing adventure came to an end around 5 pm, but the day wasn't done yet. Three of us fileted the catch while the others set up the BBQ and began cooking! We got to enjoy burgers, hot dogs and the fish that we caught! It was a fantastic meal! The fish were battered and fried to perfection.

Once we were filled to the gills, of course, we packed up and came home. I can safely state that I've caught the fishing bug as I would like to go again.

Thankfully, Michael